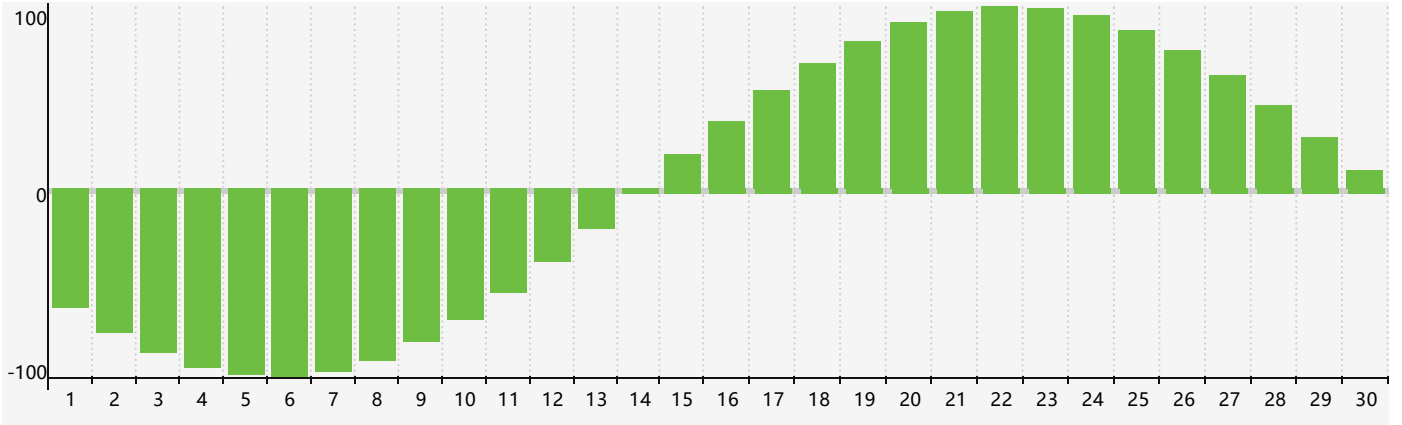
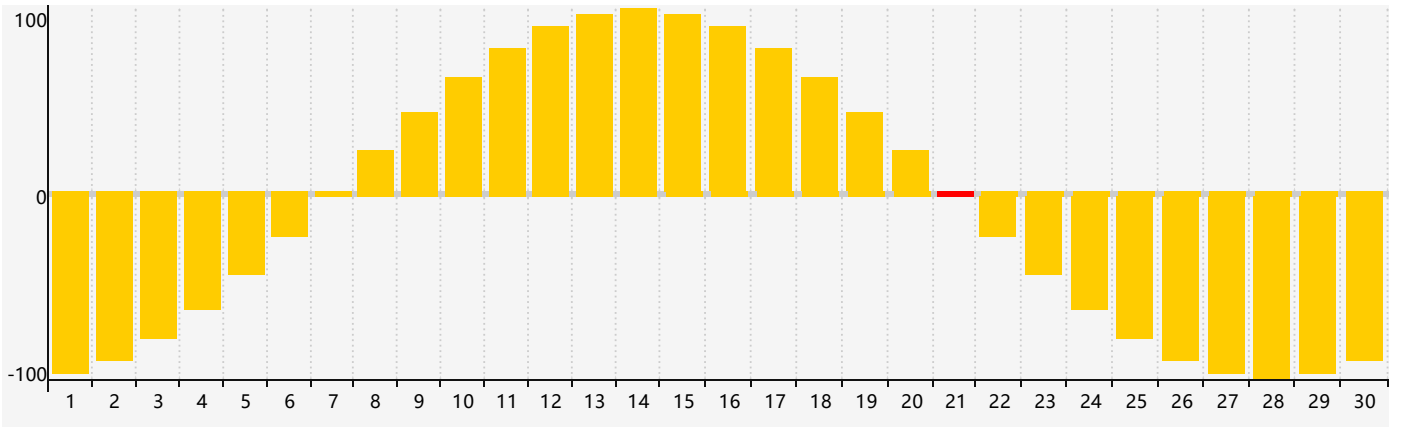


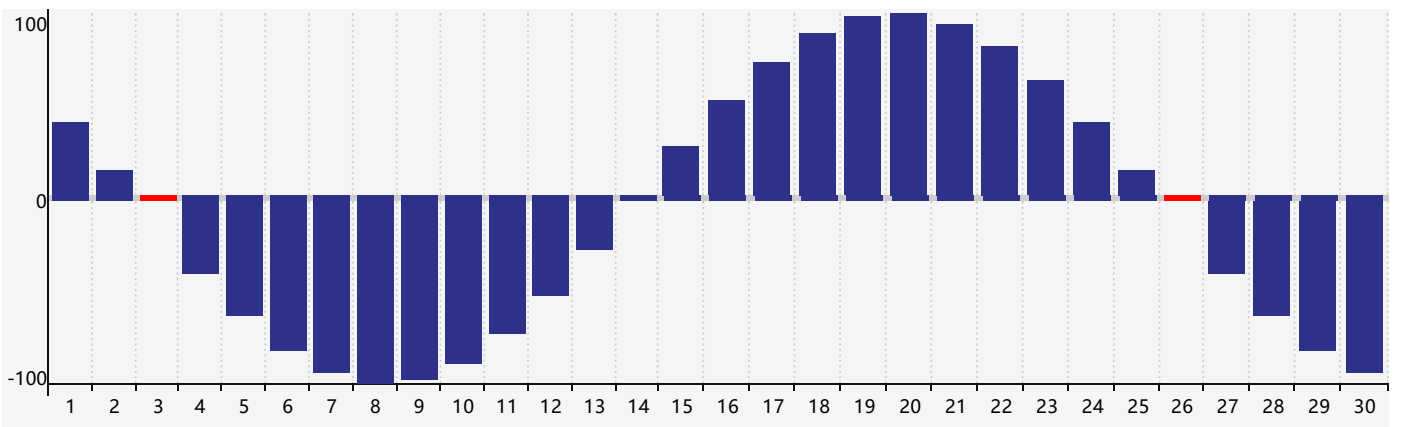
November 2018 Intellectual Biorhythm Charts



November 2018 Emotional Biorhythm Charts



November 2018 Physical Biorhythm Charts



November 2018

SUN	MON	TUE	WED	THU	FRI	SAT
28	29 <small>Intellectual</small>	30	31	1	2	3 <small>Physical</small>
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21 <small>Emotional</small>	22	23	24
25	26 <small>Physical</small>	27	28	29	30	1 <small>Intellectual</small>