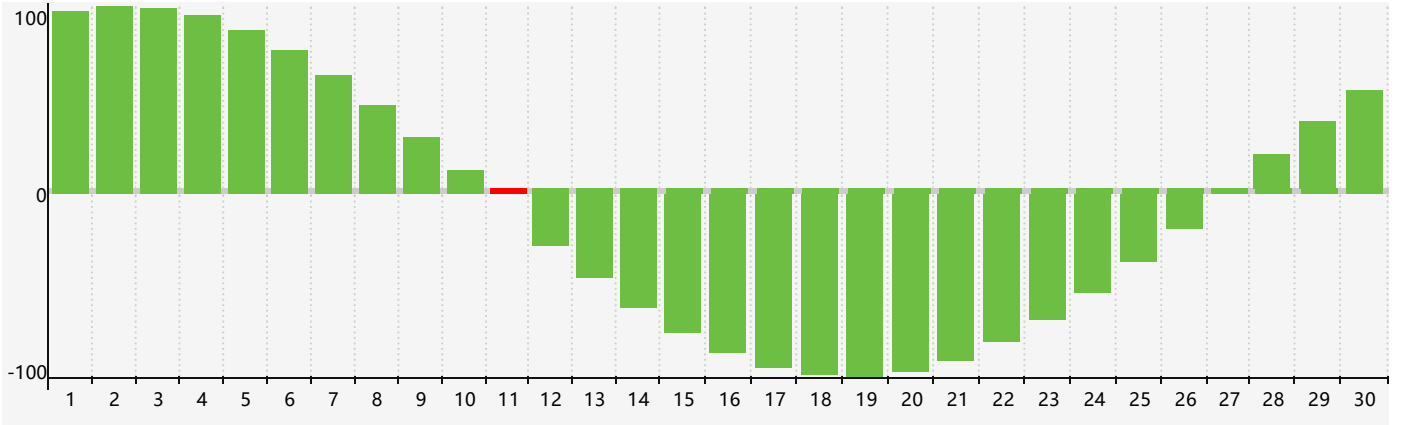
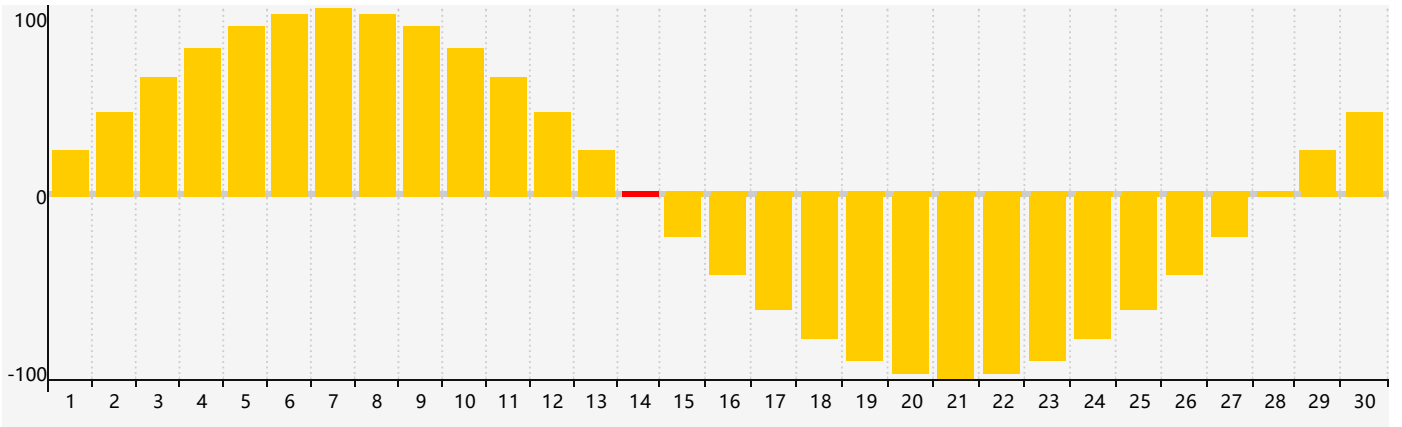


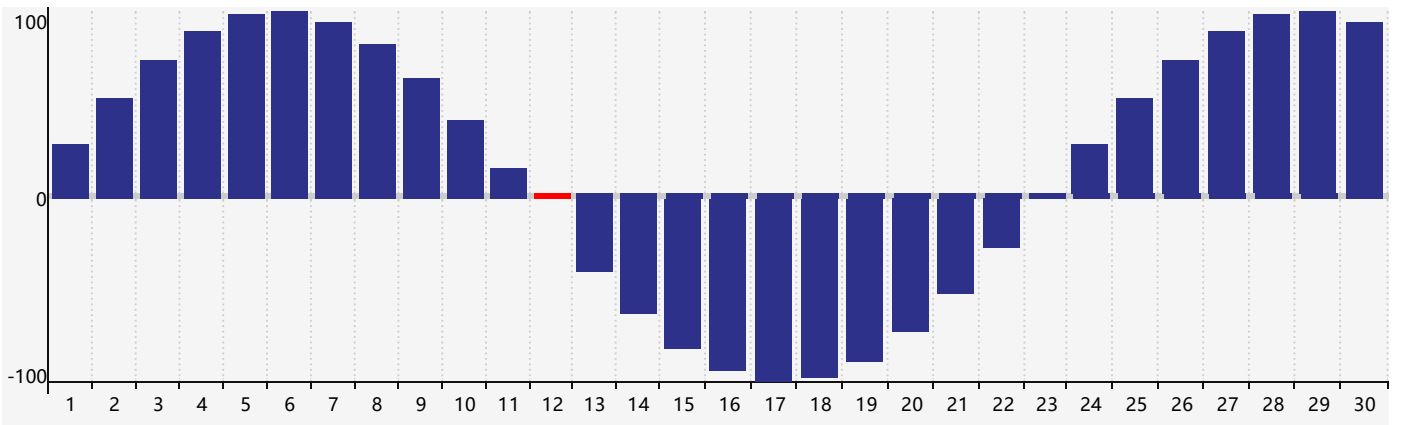
November 2018 Intellectual Biorhythm Charts



November 2018 Emotional Biorhythm Charts



November 2018 Physical Biorhythm Charts



November 2018

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|--|-----|---|-----|-----|-----|
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 Intellectual | 12 Physical | 13 | 14 Emotional | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 1 |