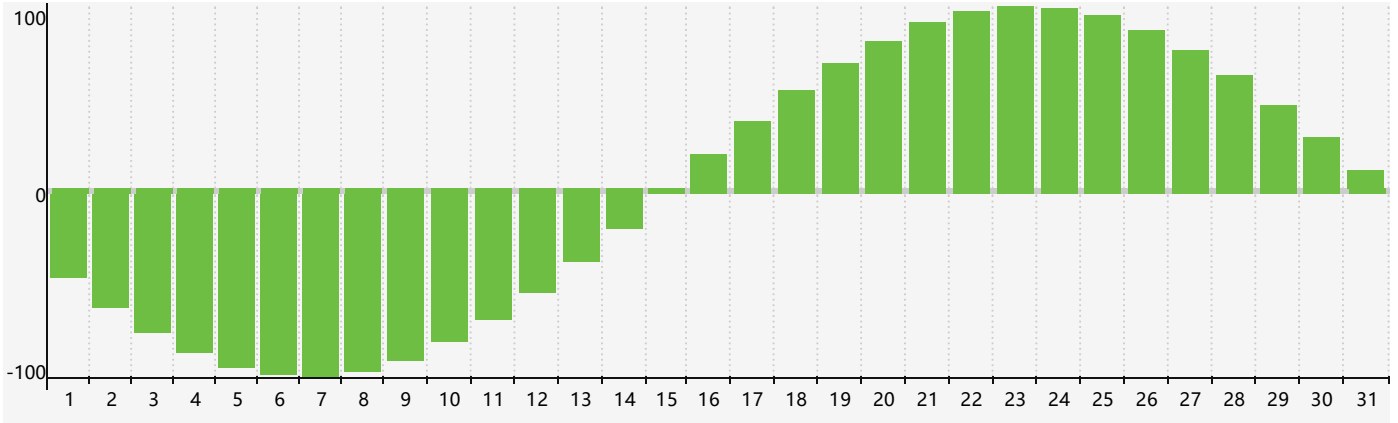
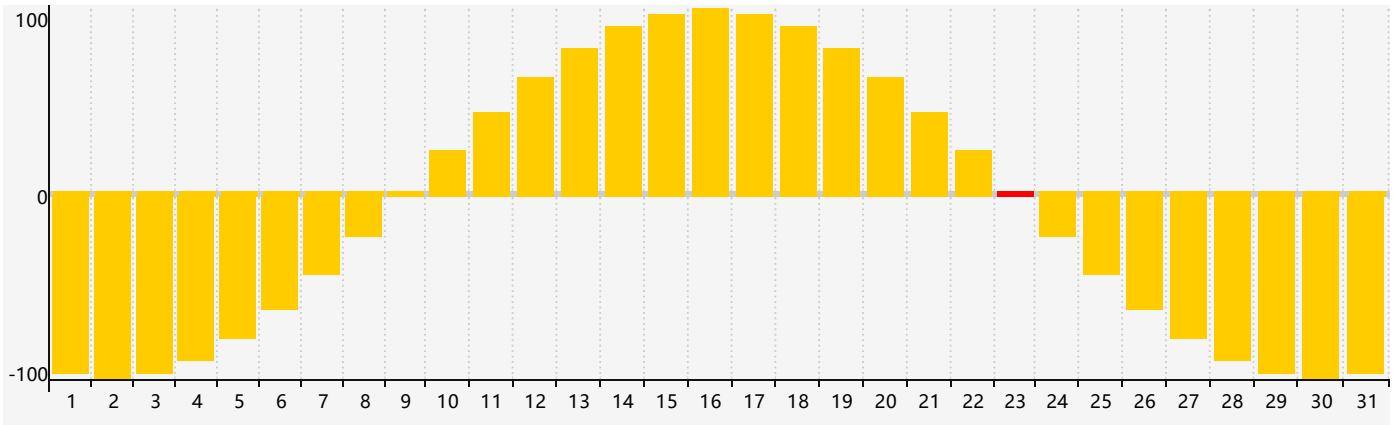


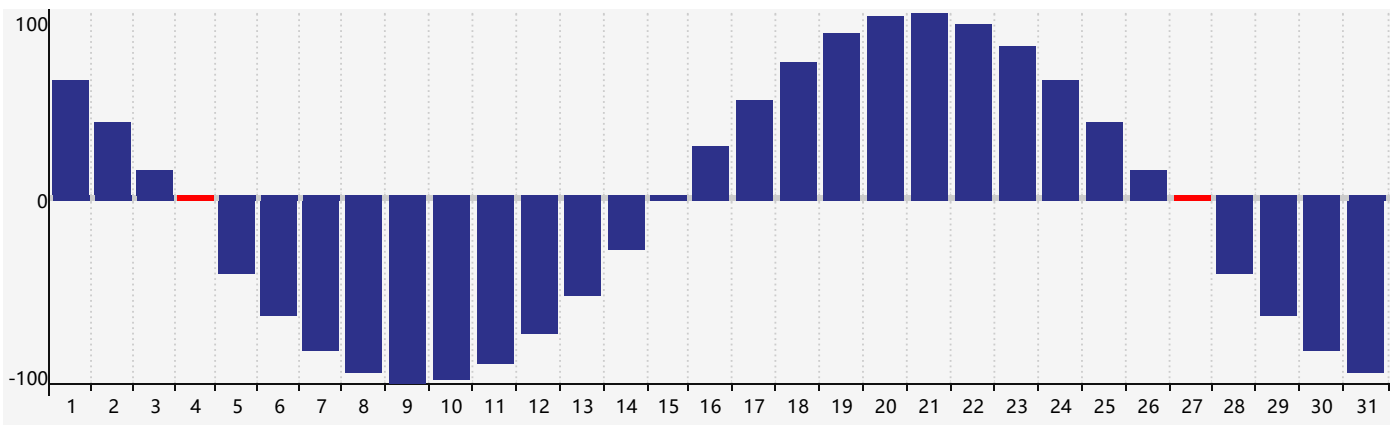
January 2019 Intellectual Biorhythm Charts



January 2019 Emotional Biorhythm Charts



January 2019 Physical Biorhythm Charts



January 2019

SUN	MON	TUE	WED	THU	FRI	SAT
30 Intellectual	31	1	2	3	4 Physical	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 Emotional	24	25	26
27 Physical	28	29	30	31	1 Intellectual	2