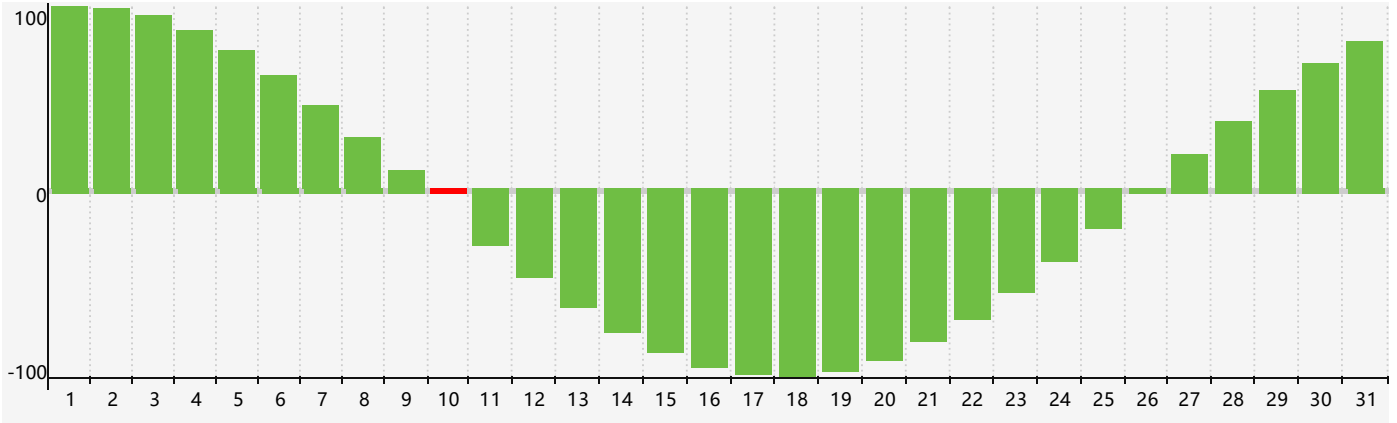
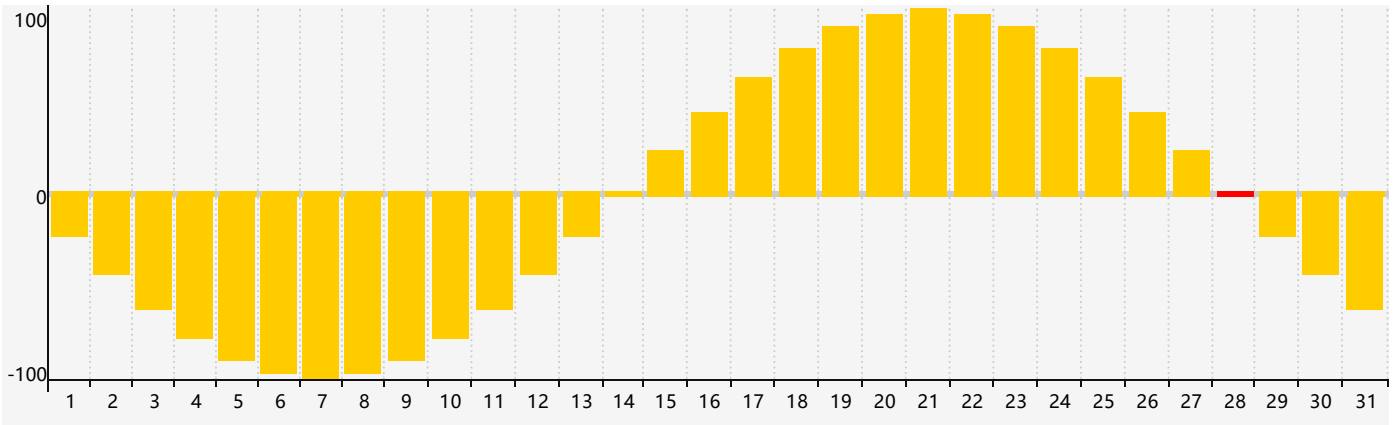


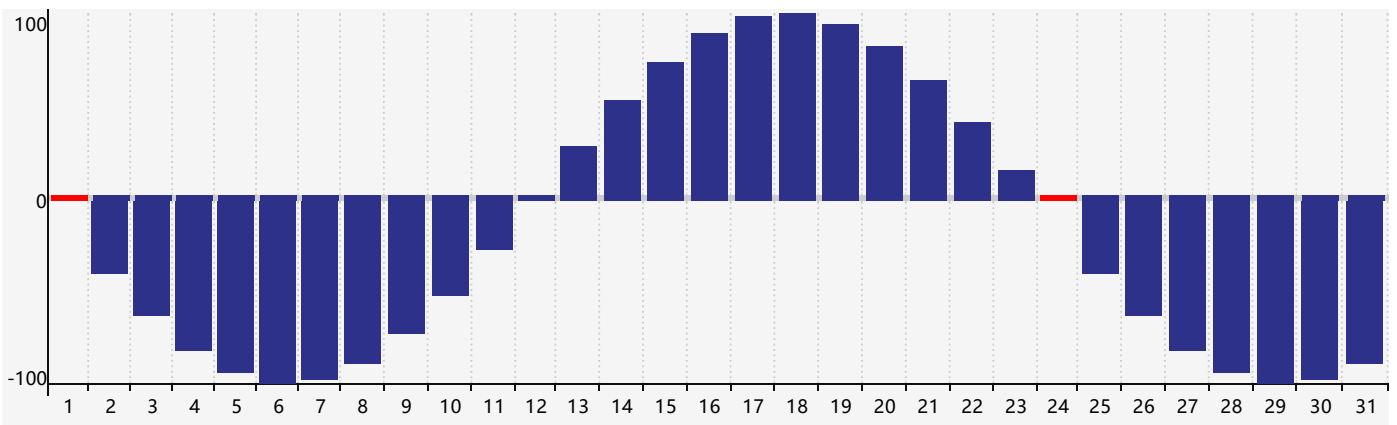
January 2019 Intellectual Biorhythm Charts



January 2019 Emotional Biorhythm Charts



January 2019 Physical Biorhythm Charts



January 2019

SUN	MON	TUE	WED	THU	FRI	SAT
30 	31 Emotional 	1 Physical 	2 	3 	4 	5 
6 	7 	8 	9 	10 Intellectual 	11 	12 
13 	14 	15 	16 	17 	18 	19 
20 	21 	22 	23 	24 Physical 	25 	26 
27 	28 Emotional 	29 	30 	31 	1 	2 