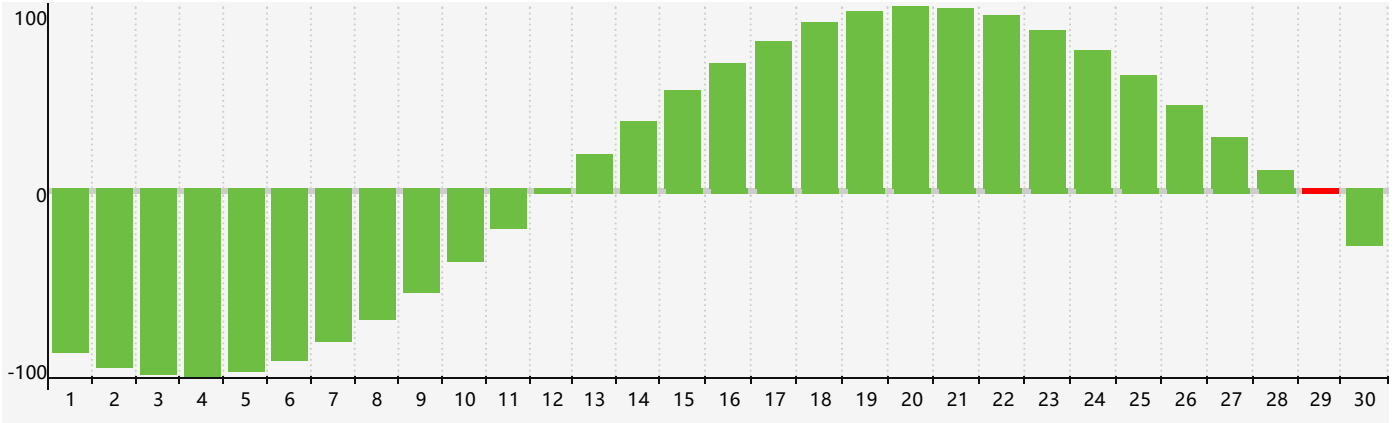
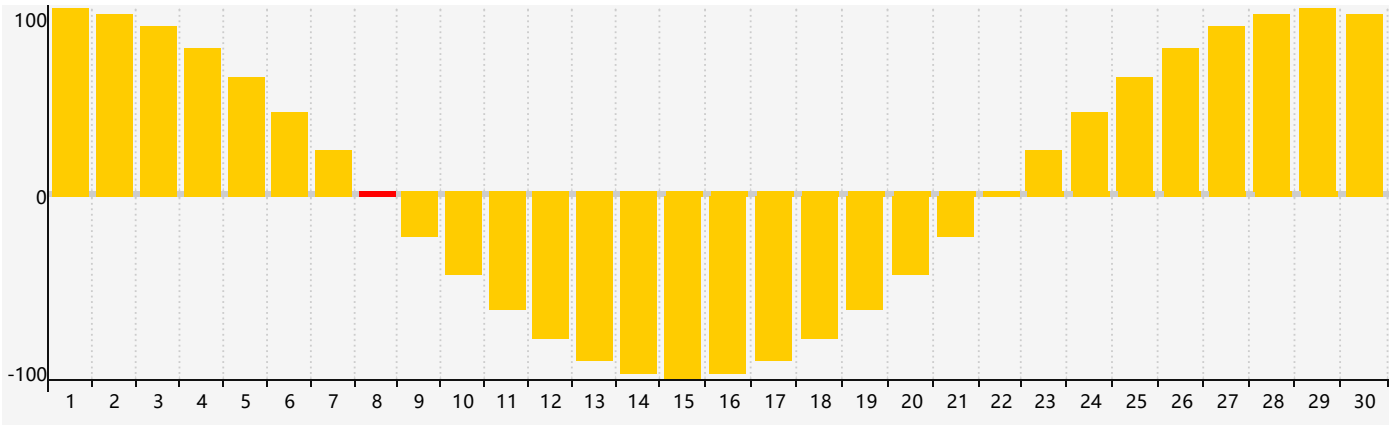


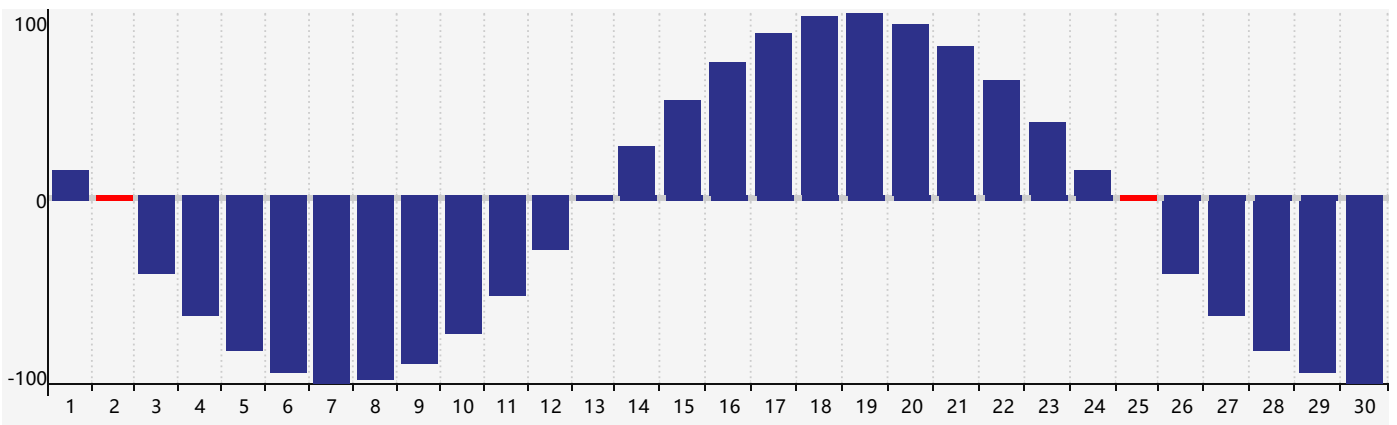
November 2018 Intellectual Biorhythm Charts



November 2018 Emotional Biorhythm Charts



November 2018 Physical Biorhythm Charts



November 2018

SUN	MON	TUE	WED	THU	FRI	SAT
28 	29 	30 	31 	1 	2 Physical 	3 
4 	5 	6 	7 	8 Emotional 	9 	10 
11 	12 	13 	14 	15 	16 	17 
18 	19 	20 	21 	22 	23 	24 
25 Physical 	26 	27 	28 	29 Intellectual 	30 	1 