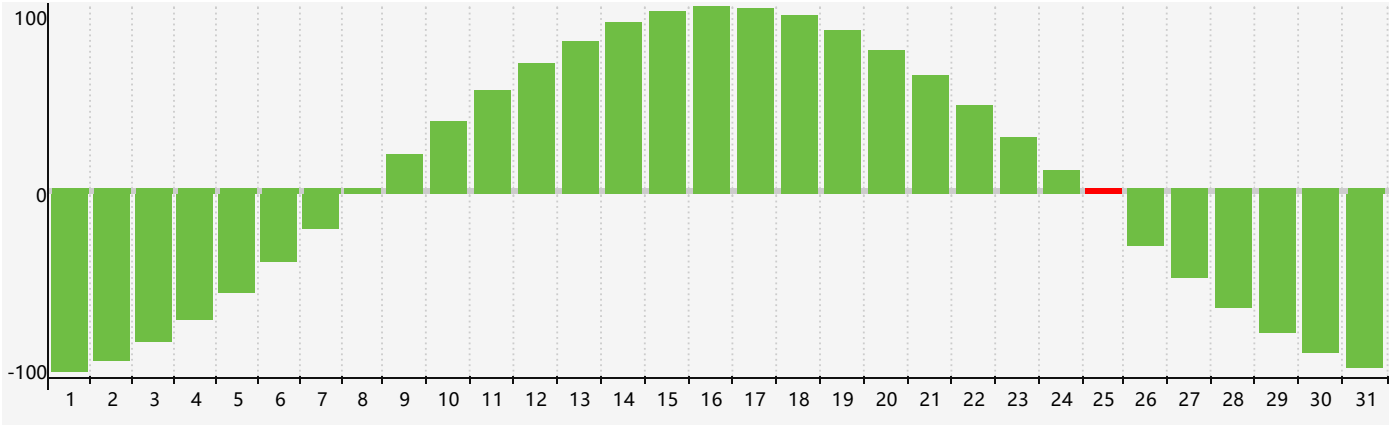
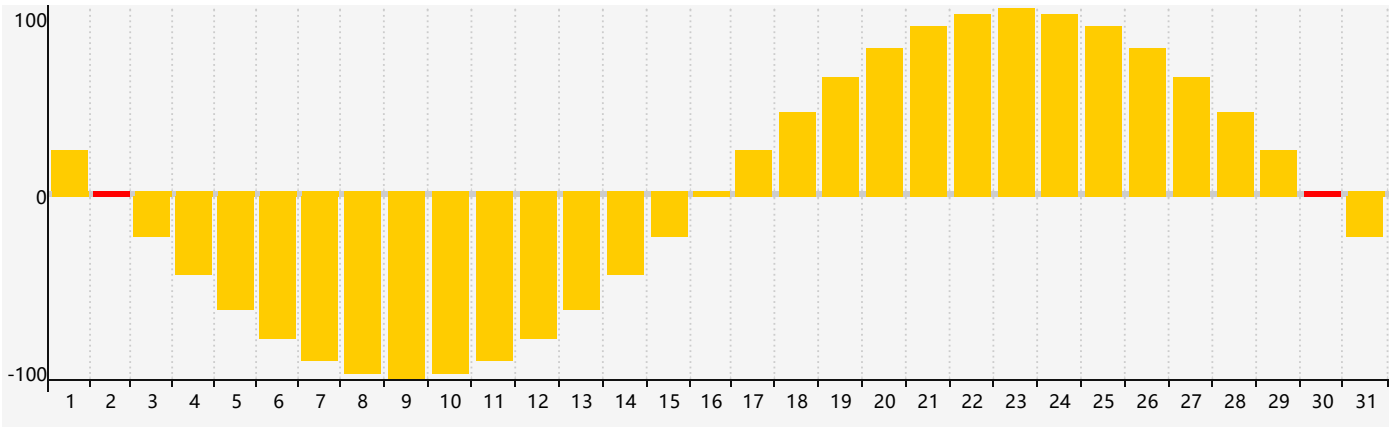


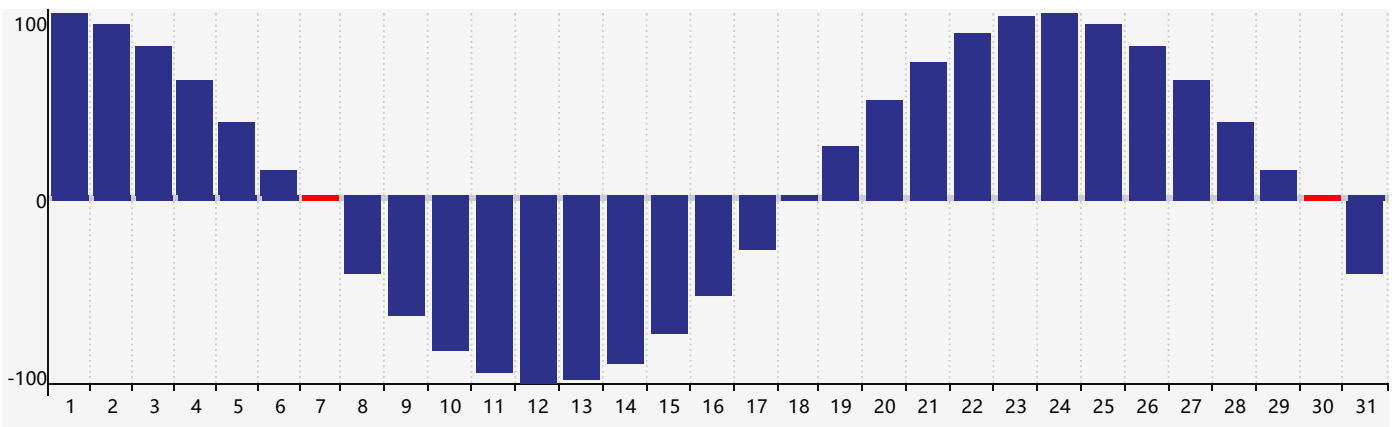
January 2019 Intellectual Biorhythm Charts



January 2019 Emotional Biorhythm Charts



January 2019 Physical Biorhythm Charts



January 2019

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2 Emotional	3	4	5
6	7 Physical	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 Intellectual	26
27	28	29	30 Emotional	31 Physical	1	2