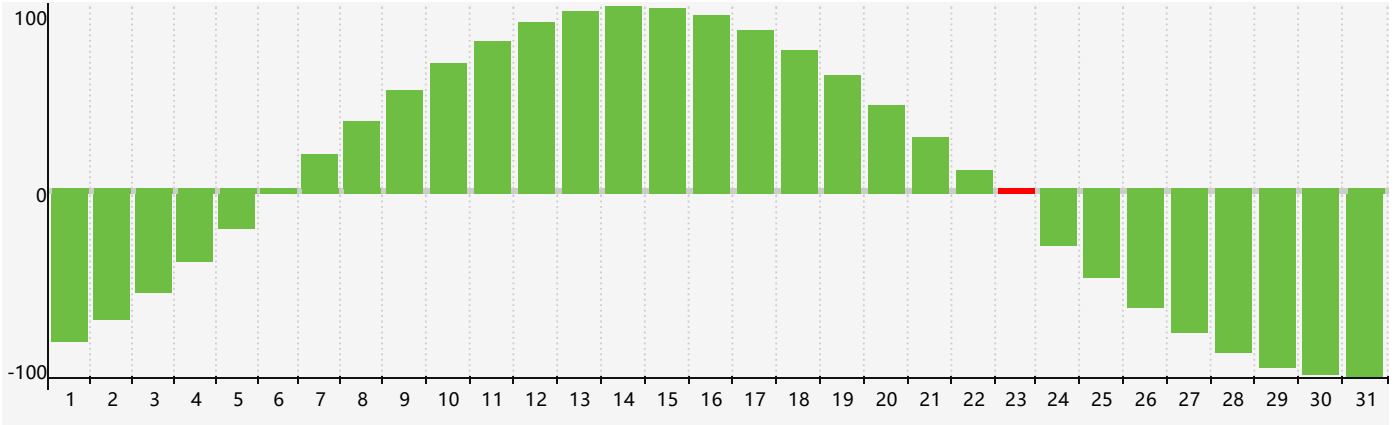
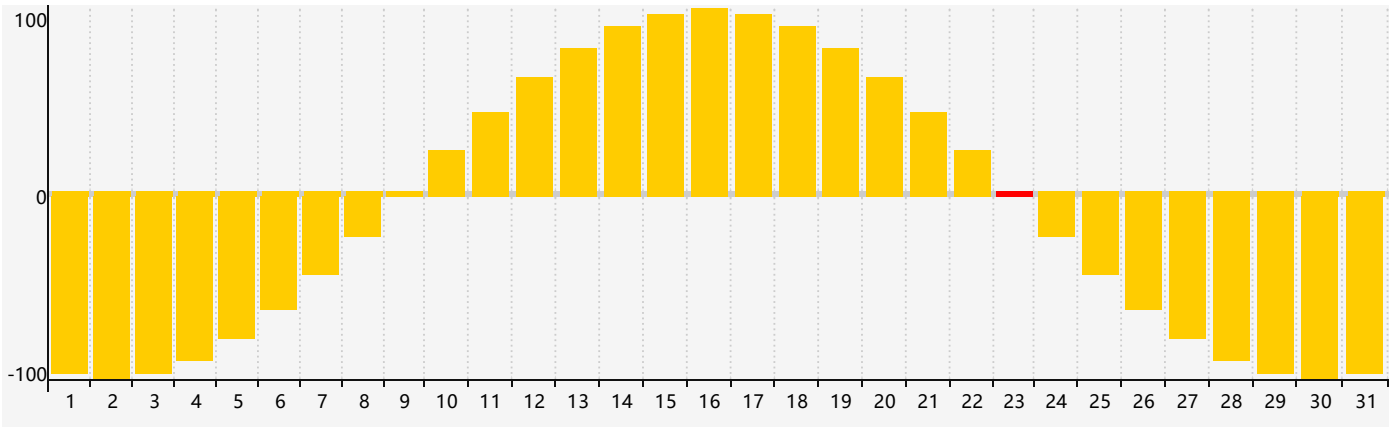


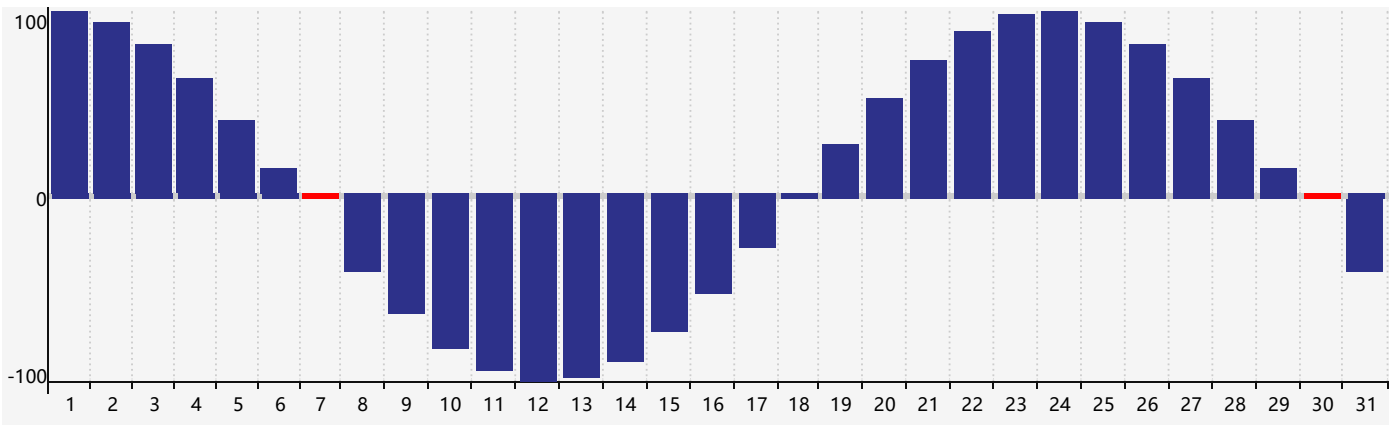
## January 2019 Intellectual Biorhythm Charts



## January 2019 Emotional Biorhythm Charts



## January 2019 Physical Biorhythm Charts



# January 2019

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2	3	4	5
6	7 <span style="border: 1px solid red; padding: 2px;">Physical</span>	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 <span style="border: 1px solid red; padding: 2px;">Intellectual   Emotional</span>	24	25	26
27	28	29	30 <span style="border: 1px solid red; padding: 2px;">Physical</span>	31	1	2