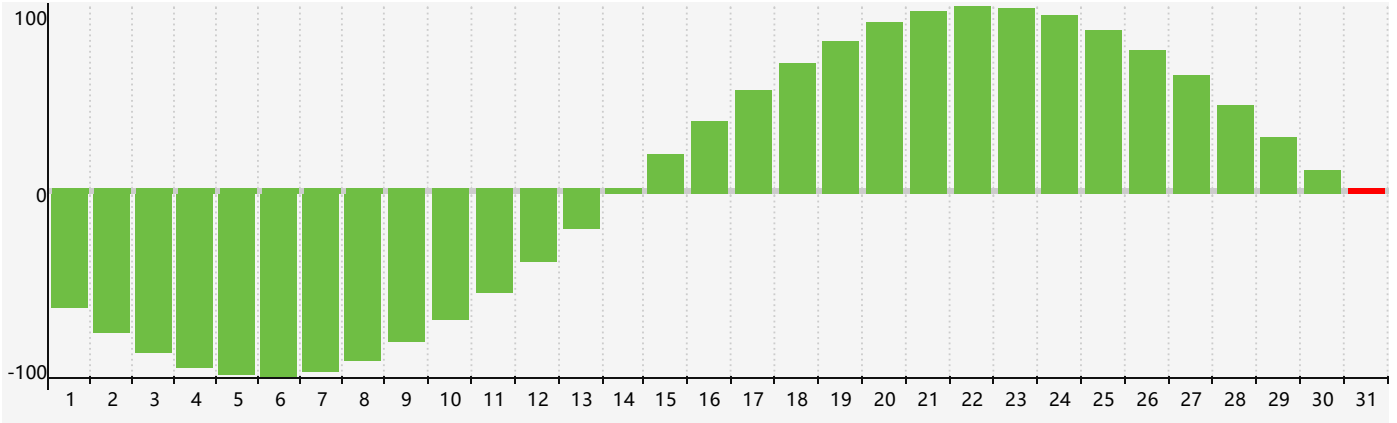
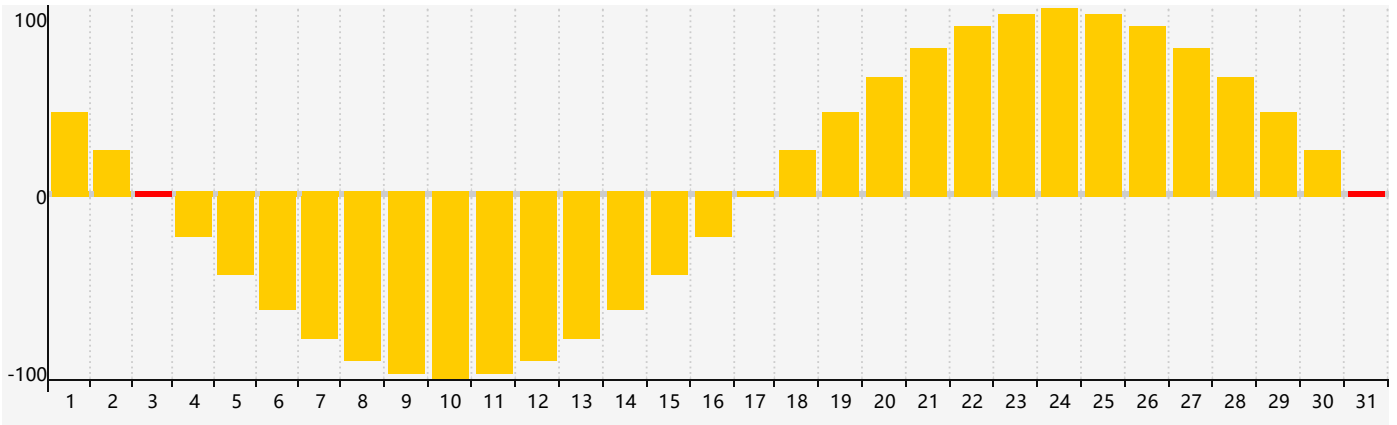


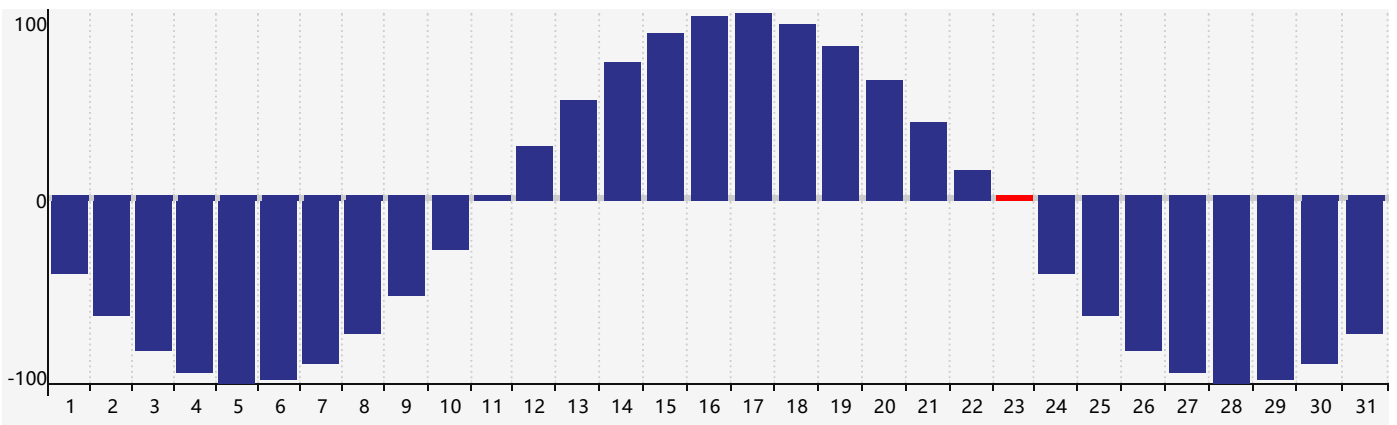
January 2019 Intellectual Biorhythm Charts



January 2019 Emotional Biorhythm Charts



January 2019 Physical Biorhythm Charts



January 2019

SUN	MON	TUE	WED	THU	FRI	SAT
30	31 <small>Physical</small>	1	2	3 <small>Emotional</small>	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 <small>Physical</small>	24	25	26
27	28	29	30	31 <small>Intellectual Emotional</small>	1	2