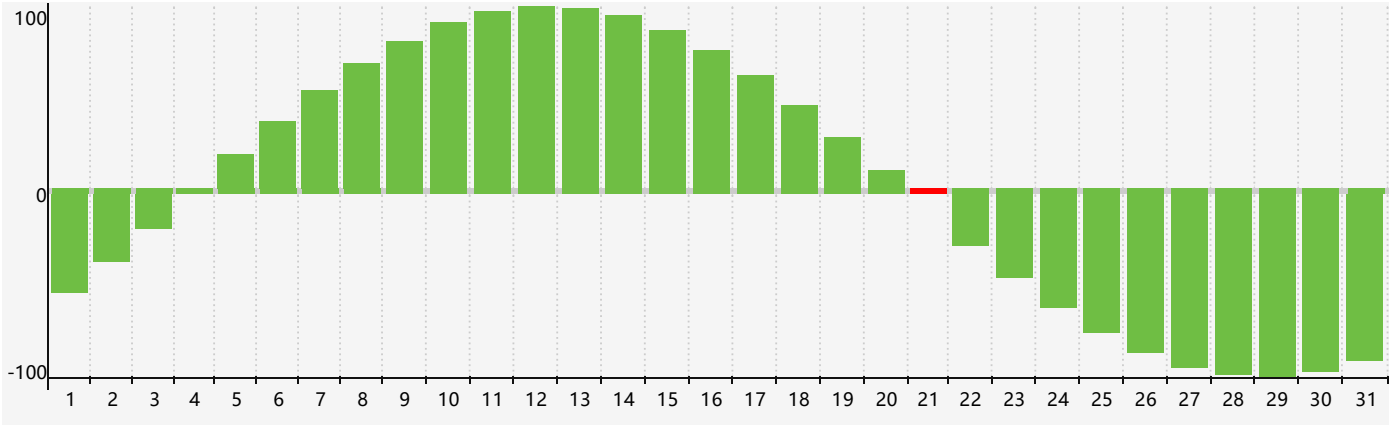
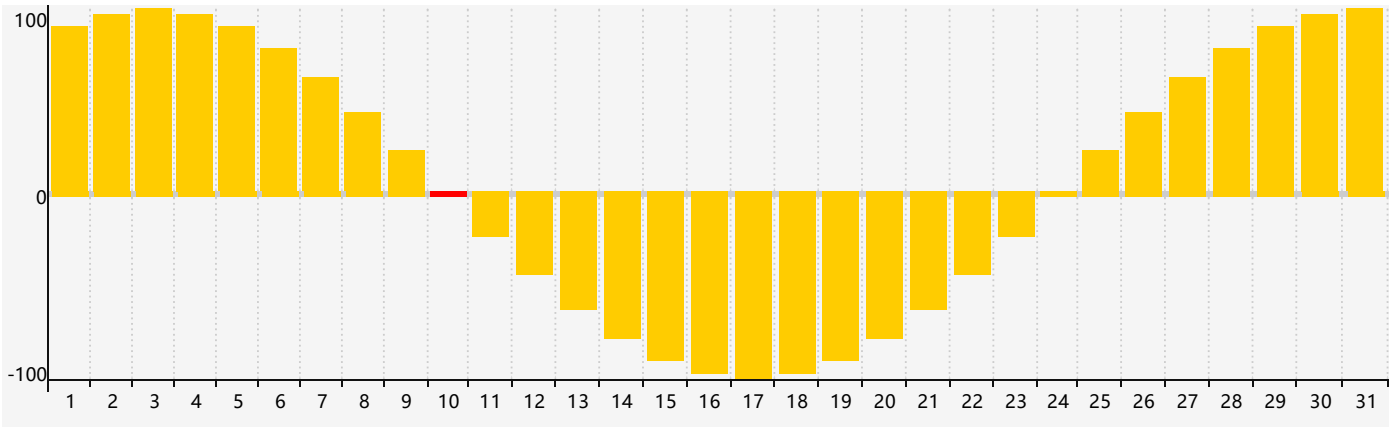


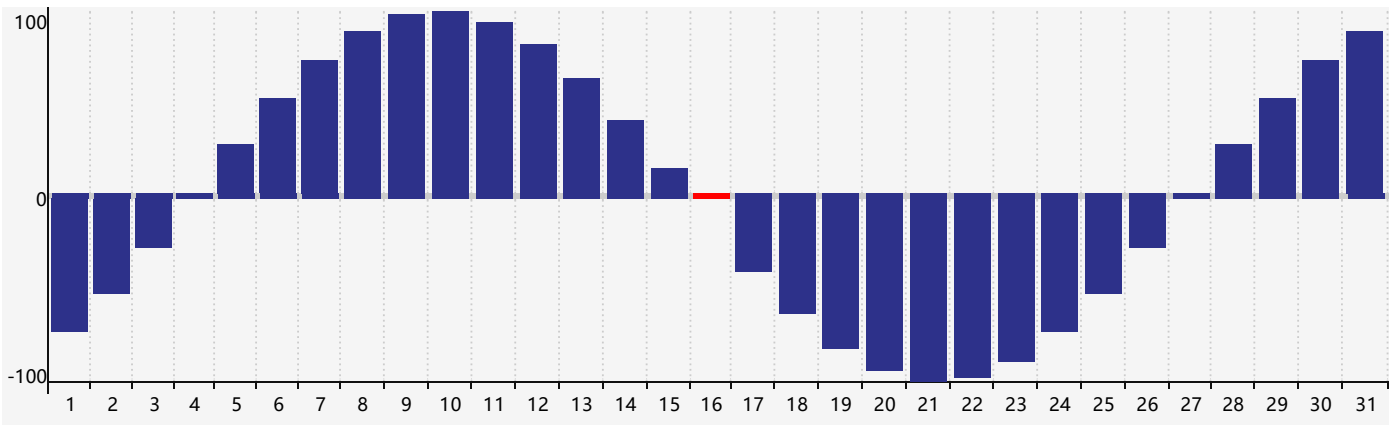
## January 2019 Intellectual Biorhythm Charts



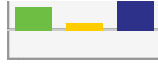
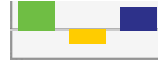
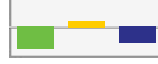
## January 2019 Emotional Biorhythm Charts



## January 2019 Physical Biorhythm Charts



# January 2019

SUN	MON	TUE	WED	THU	FRI	SAT
30 	31 	1 	2 	3 	4 	5 
6 	7 	8 	9 	10 <span style="border: 1px solid red; padding: 2px; font-size: small;">Emotional</span> 	11 	12 
13 	14 	15 	16 <span style="border: 1px solid red; padding: 2px; font-size: small;">Physical</span> 	17 	18 	19 
20 	21 <span style="border: 1px solid red; padding: 2px; font-size: small;">Intellectual</span> 	22 	23 	24 	25 	26 
27 	28 	29 	30 	31 	1 	2 