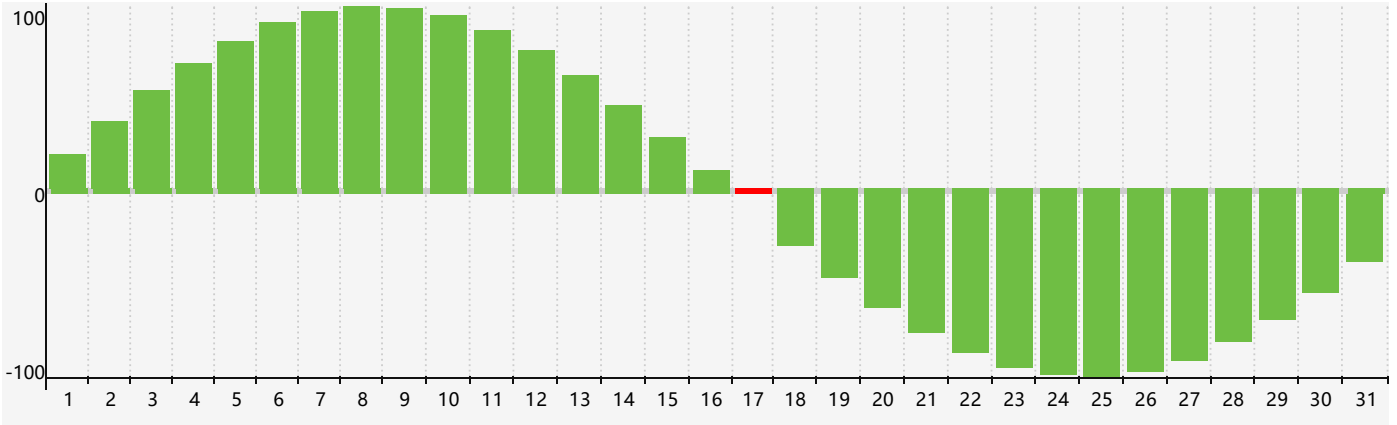
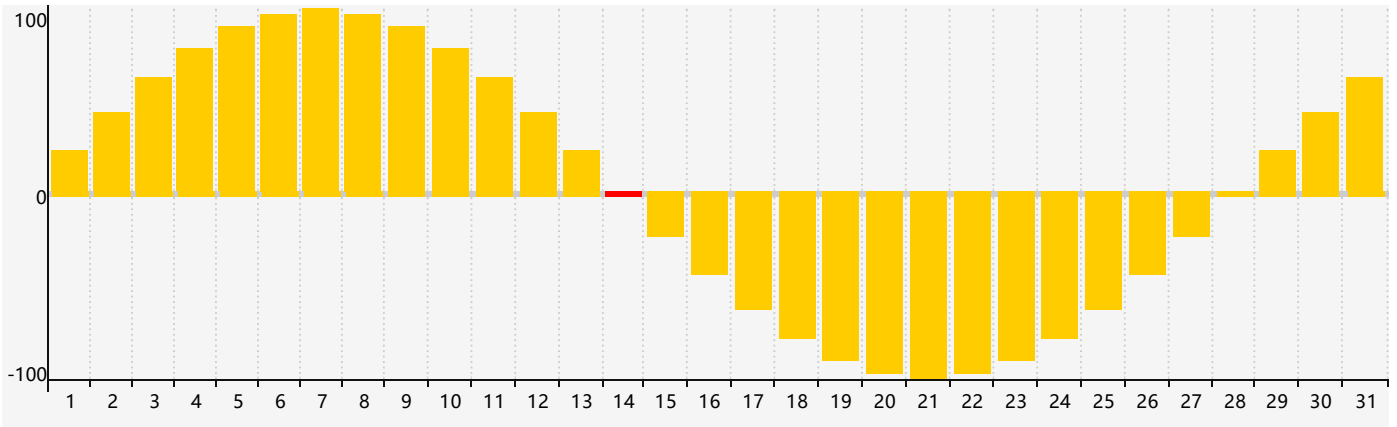


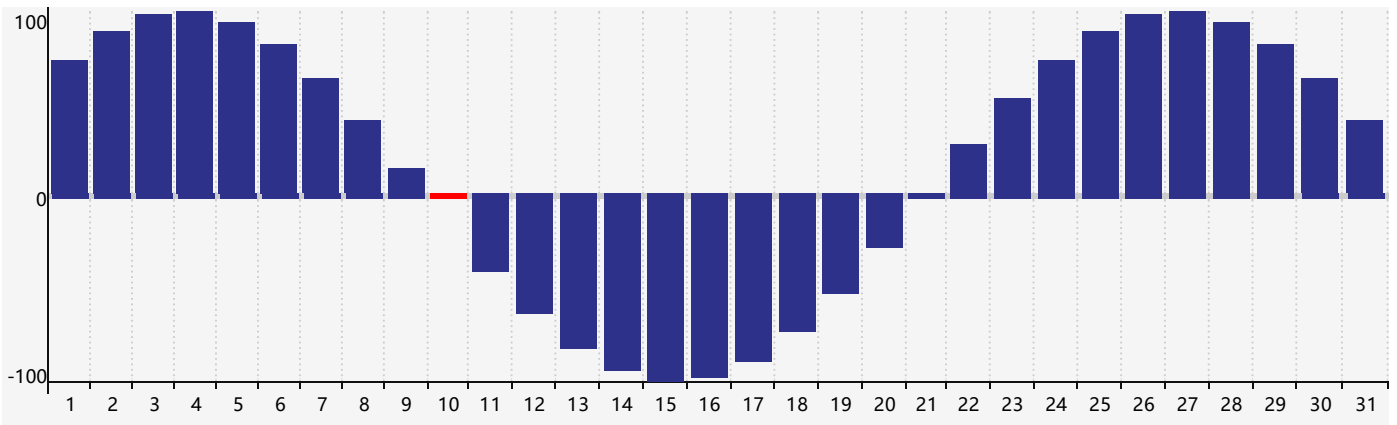
December 2022 Intellectual Biorhythm Charts



December 2022 Emotional Biorhythm Charts



December 2022 Physical Biorhythm Charts



December 2022

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|---|-----|-----|--|
| 27 | 28 | 29 | 30 | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 Physical |
| 11 | 12 | 13 | 14 Emotional | 15 | 16 | 17 Intellectual |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |