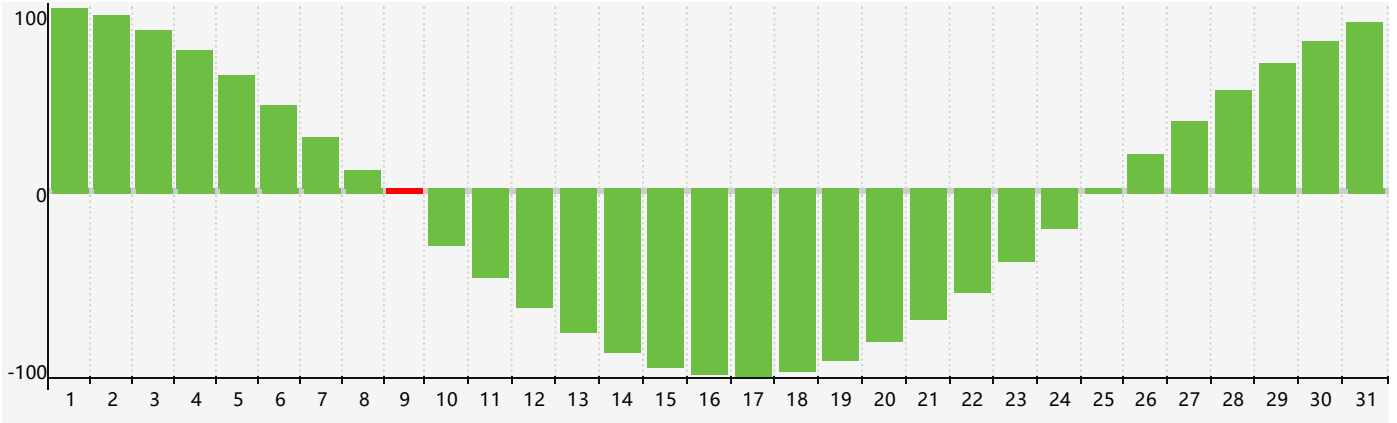
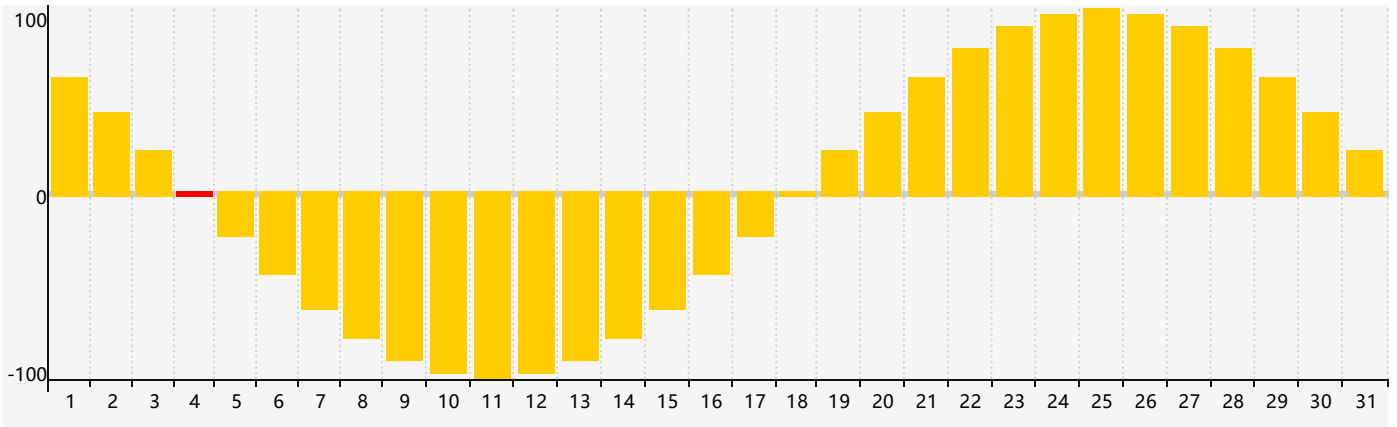


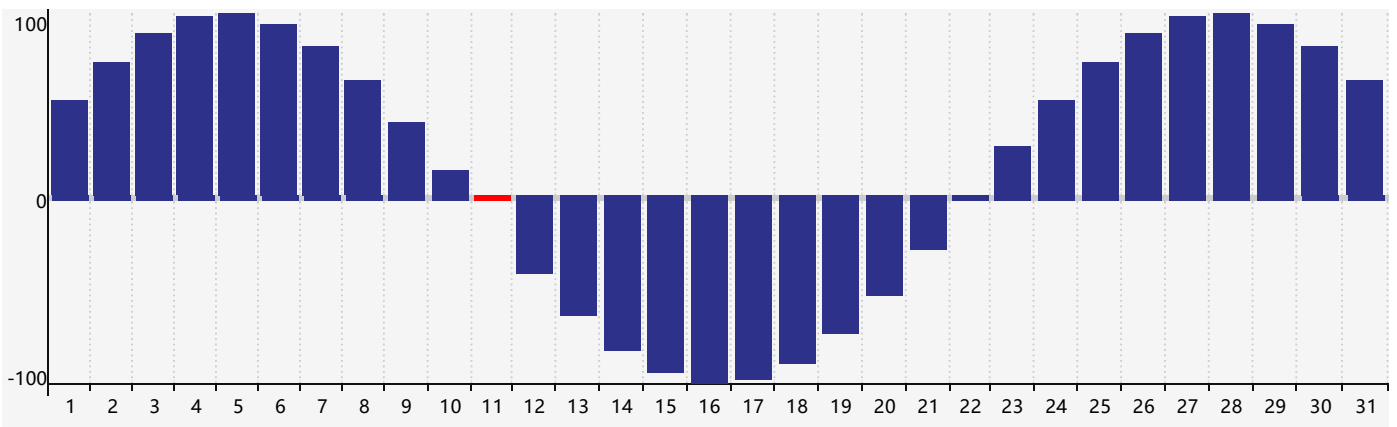
January 2023 Intellectual Biorhythm Charts



January 2023 Emotional Biorhythm Charts



January 2023 Physical Biorhythm Charts



January 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 Emotional	5	6	7
8	9 Intellectual	10	11 Physical	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1 Emotional	2	3 Physical	4