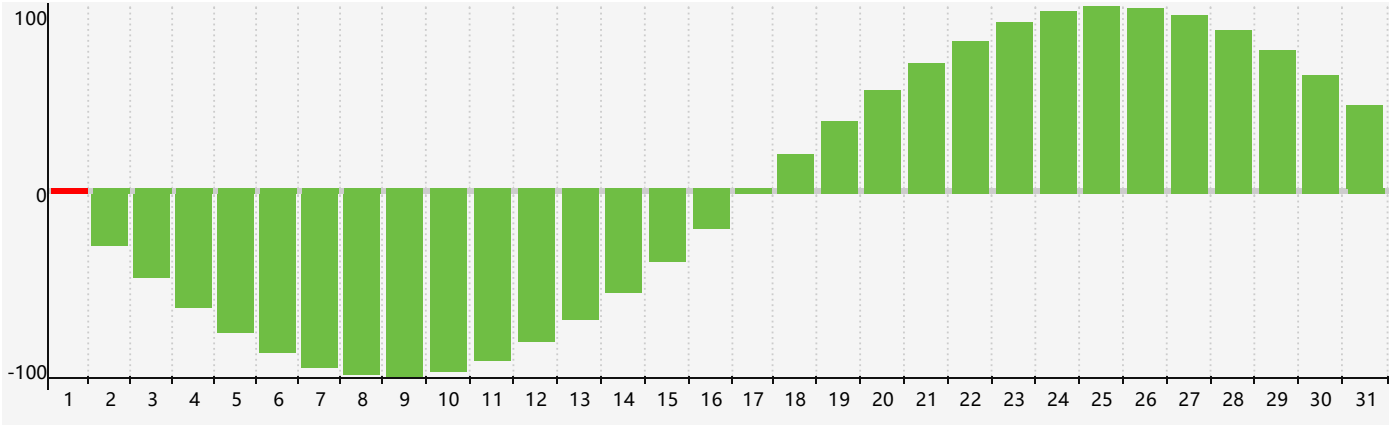
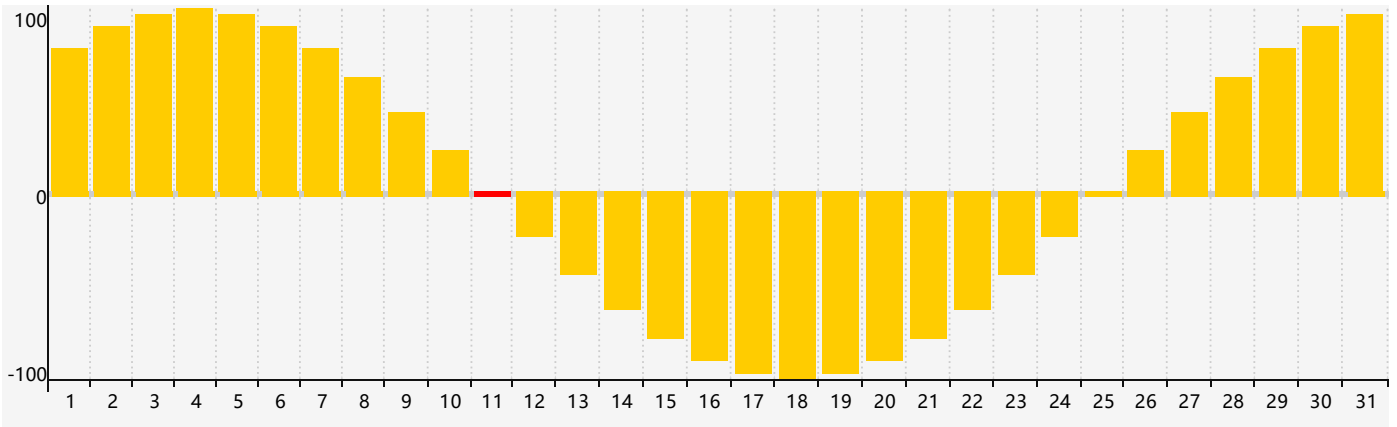


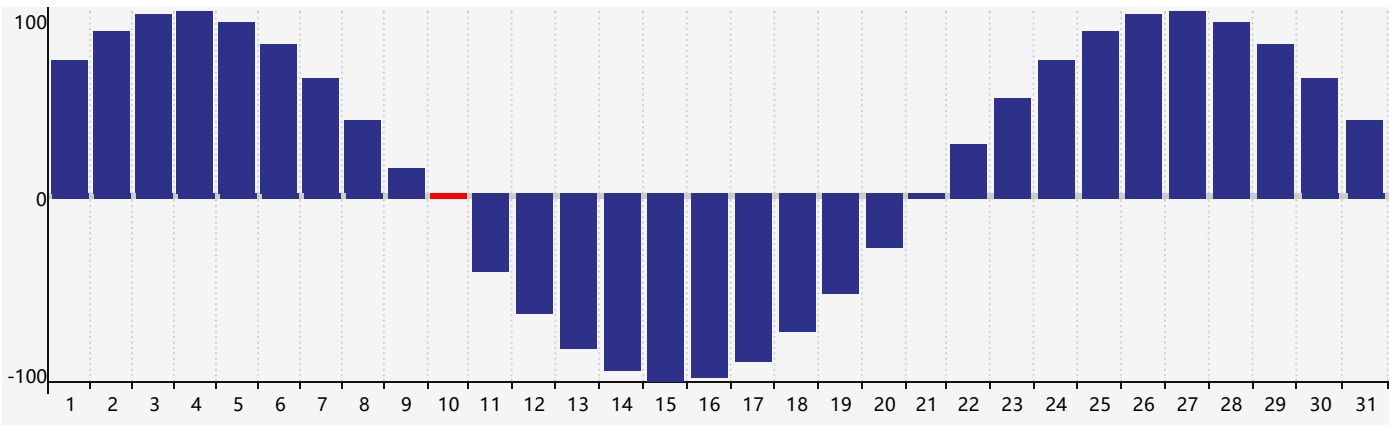
January 2023 Intellectual Biorhythm Charts



January 2023 Emotional Biorhythm Charts



January 2023 Physical Biorhythm Charts



January 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1 Intellectual	2	3	4	5	6	7
8	9	10 Physical	11 Emotional	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2 Physical	3 Intellectual	4