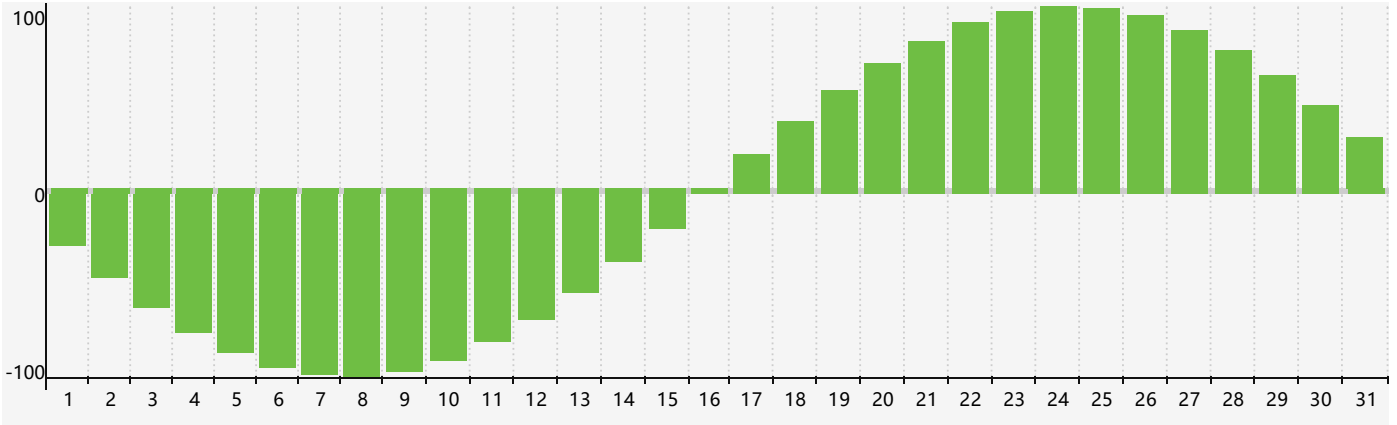
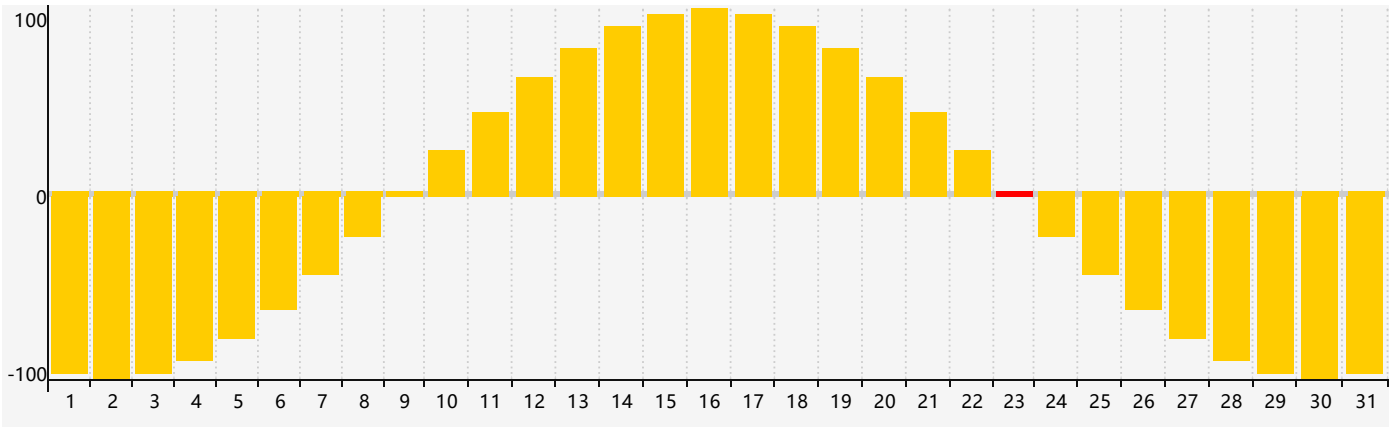


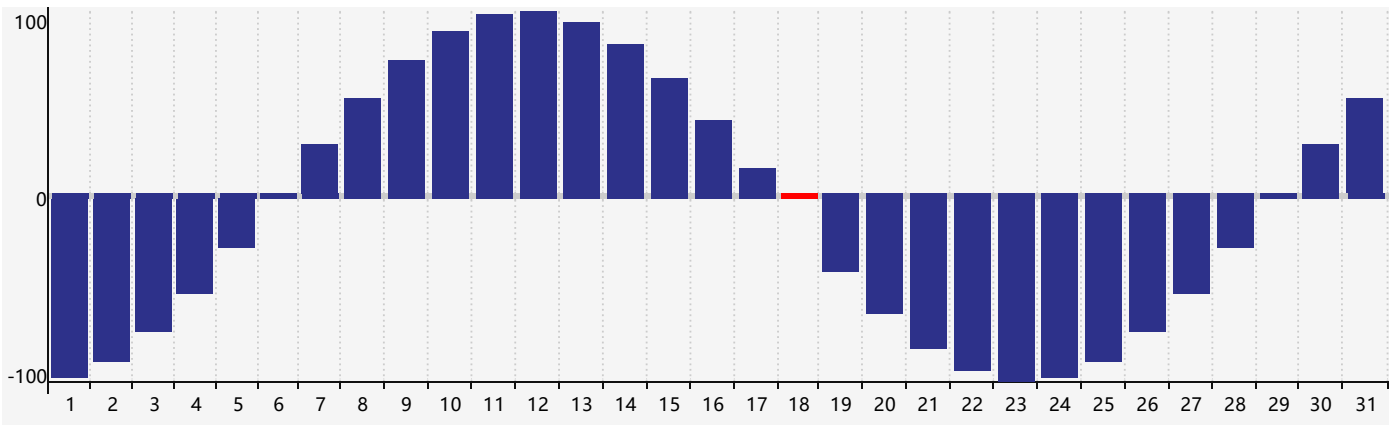
January 2023 Intellectual Biorhythm Charts



January 2023 Emotional Biorhythm Charts



January 2023 Physical Biorhythm Charts



January 2023

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------|--|-----------|---|--|-----------|-----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 Physical | 19 | 20 | 21 |
| 22 | 23 Emotional | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | 1 | 2 Intellectual | 3 | 4 |