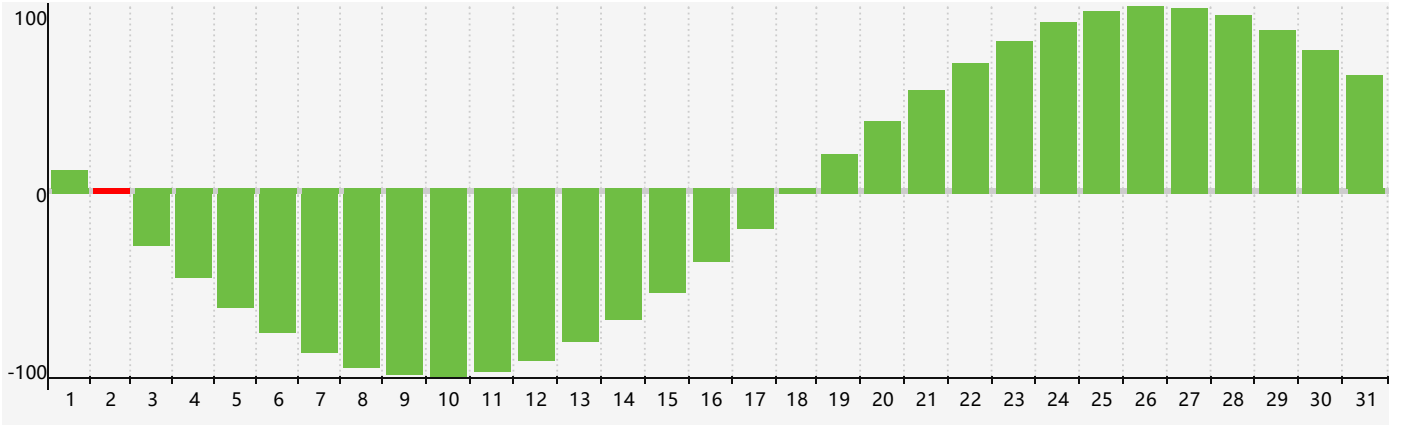
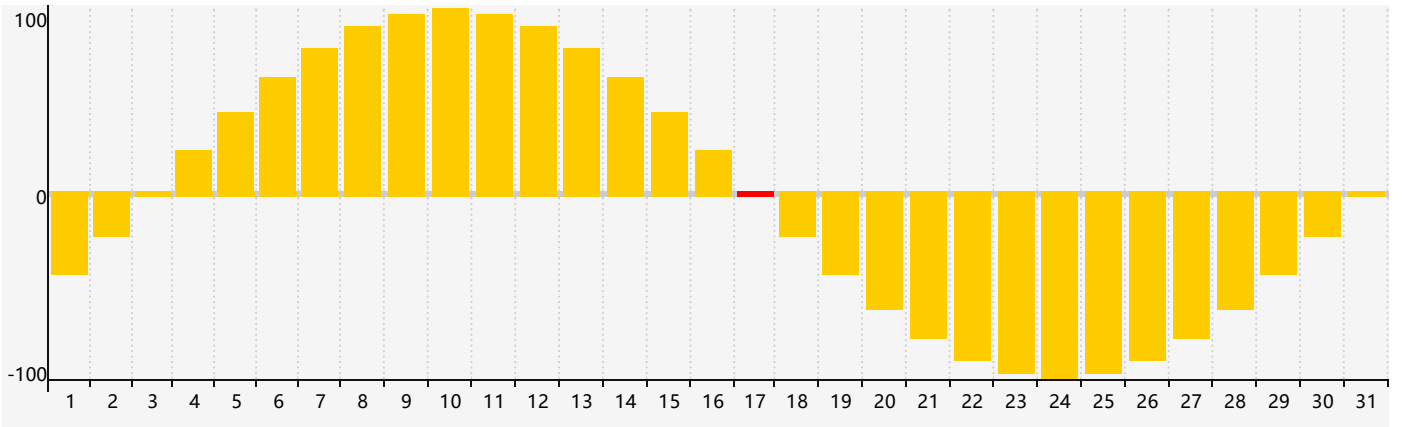


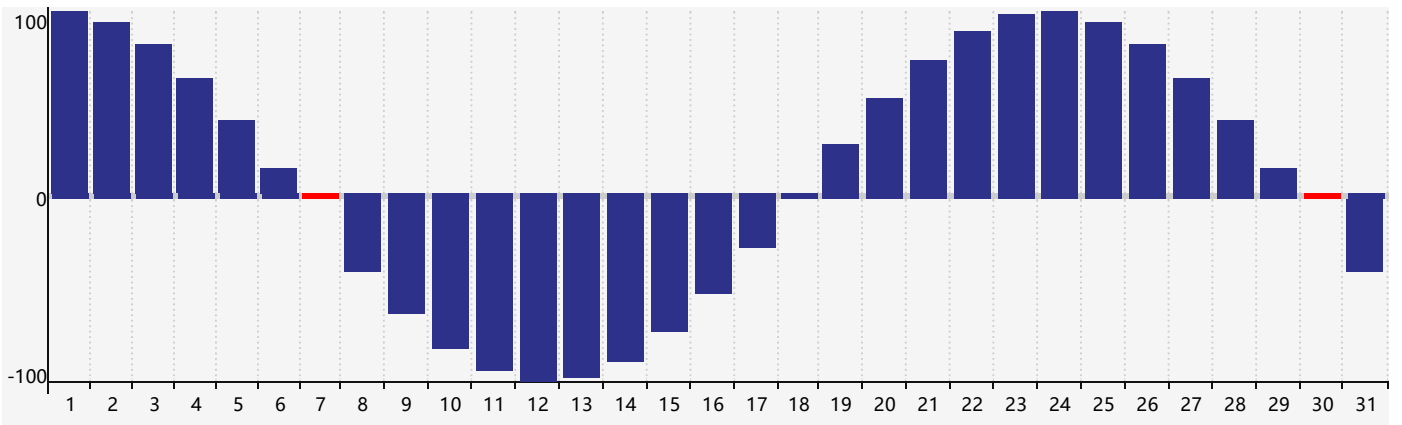
January 2024 Intellectual Biorhythm Charts



January 2024 Emotional Biorhythm Charts



January 2024 Physical Biorhythm Charts



January 2024

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2 Intellectual	3	4	5	6
7 Physical	8	9	10	11	12	13
14	15	16	17 Emotional	18	19	20
21	22	23	24	25	26	27
28	29	30 Physical	31	1	2	3